



# CANAPÉS & BOWL FOOD

The perfect menu for groups of 10 or more. Calories based on 1 person

## CANAPÉS

Pick 1 for 2.00pp, 3 for 5.50pp or 5 for 8.50pp

**Halloumi, Avocado, Olive & Mayo Crostini (v)** 113 kcal

**Greek-Style Sheese®, Caramelised Onion Chutney & Olive Crostini (vg-m)** 185 kcal

**Rarebit Croquette** 125 kcal

**King Prawn, Slow-Roasted Tomato & Mayo Crostini** 92 kcal

**Smoked Salmon & Avocado Crostini** 56 kcal

**Cucumber, Guacamole & Semi-Dried Tomato Tapenade Crostini (vg)** 98 kcal

## BOWL FOOD

Pick 3 for 15.00pp, 5 for 22.50pp or 7 for 28.00pp

### MEAT & FISH

#### **Beef Chili**

With nachos, guacamole and sour cream 333 kcal

#### **Duck Gyoza**

With sweet chilli sauce, rocket, pickled red onion, cucumber and coriander 131 kcal

#### **Pulled Beef Rib Mac & Cheese**

Oozing macaroni cheese topped with BBQ beef burnt ends 970 kcal

#### **Sausages & Mash**

With buttery chive mashed potato, pickled red onion and rich gravy.  
*Ask a team member for today's options and calorie information.*

#### **Sweet Chilli Chicken**

Crispy shredded sweet chilli chicken with long grain rice and coriander 448 kcal

#### **Grilled Chicken Skewers**

With a hot honey Buffalo & mayo sauce 148 kcal

#### **Fish & Chips**

With skin-on fries and tartare sauce 437 kcal

#### **Marinara Cod**

Grilled Cod with hasselback potato, tomato & herb marinara sauce, and chives 172 kcal

### VEGAN & VEGETARIAN

#### **Three-Bean Chili (vg-m)**

With nachos, guacamole and vegan mayo 385 kcal

#### **Mac & Cheese (v)**

With a chilli jam & crispy onion 835 kcal

#### **Grilled Halloumi (v)**

With tomato & chilli sauce and skin-on fries 493 kcal

#### **Goat's Cheese Salad (v)**

With rocket, slow-roasted tomato, pickled red onion, cucumber and a balsamic glaze 140 kcal

#### **Mushroom & Asparagus Risotto (vg)**

With Sheese® 329 kcal

#### **Truffle Gnocchi (v)**

With truffle infused-oil & roasted butternut squash pesto and Sheese® 408 kcal

#### **Butternut Squash, Cranberry & Red Onion Tagine (vg)**

With quinoa and vegan mayo 292 kcal

#### **Keralan Cauliflower & Red Pepper Curry (vg)**

With long grain rice and vegan mayo 332 kcal

### DESSERTS

#### **Mini Caramel-Filled Churros (v)**

191 kcal

#### **Mini Apple-Filled Donuts (v)**

With Biscoff sauce 239 kcal

#### **Lemon & Berry Cheezecake Bites (vg)**

With raspberry coulis and fresh blueberries 185 kcal

#### **Oaty Chocolate & Salted Caramel Brownie (vg)\*** 132 kcal

Adults need around 2000 kcal a day.

**(v) Suitable for vegetarians. (vg) Suitable for vegans. (vg-m) Made with vegan ingredients; however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. \*Contains Oats. Please note that we do not operate a dedicated vegetarian/vegan kitchen area.**

**Do you have any allergies?** Full allergen information is available for all dishes. Please ask a team member before you order your food and drink, as menus do not list all ingredients. We have taken all reasonable steps to avoid the unintentional presence of allergens. However, we cannot fully guarantee that products are '100% free from' allergens, owing to cross-contamination, as we do not have specific allergen-free zones in our kitchens; therefore, it is not possible to fully guarantee allergen separation. Even if you have eaten a dish previously, please inform staff of any food allergies before placing your order so that every precaution may be taken in the kitchen to prevent cross-contamination. We cannot guarantee that any dishes are free from nut traces. Fish and poultry dishes may contain bones and/or shell. All weights are approximate uncooked. Ingredients are based on standard product formulations; variations may occur, and calories stated are subject to change. Biscoff is a registered trademark of Lotus Bakeries. All products and offers are subject to availability. Management reserves the right to refuse custom and/or withdraw/change offers (without notice) at any time. Prices are in pounds sterling and include VAT, at the current rate. At Stonegate Group, all tips earned by our hard-working team members, from delivering great customer service, are retained by them. If a service charge is added to the bill, this is entirely discretionary and is paid to those team members providing the service. Stonegate Group, 3 Monkspath Hall Road, Solihull, West Midlands B90 4SL.